



## RHYTHMIC MUSIC MOVEMENT (RMM2)

**Rhythm** denotes an aspect of a quality of movement. It is a measured motion or flow characterized by regular recurrence of **elements** such as **beats, sounds, accents** and others. Every individual has rhythm. It is found in all of nature and is natural to every individual. When an **individual moves in response to a particular rhythm** or music, we call the movements as **rhythmic movements**.

<u>2023 Fall Session start from Oct 24, 2023)</u>	
Date & Time:	Tuesday, 2pm - 4pm
Location:	Crosby Memorial Community Centre
Registration:	Google Form
Coordinator:	Louisa Lee