

Are you over 55 and participating in recreation programs?

Exploring Predictors of Physical Literacy in Adults in a Community Recreation Setting

We are currently recruiting healthy, english-speaking/reading, adults over the age of 55 years who are presently enrolled seniors recreation programs in this facility. The purpose of this research is to better understand physical activity and physical literacy in this age group. There is no cost to participate in this research. The time commitment is approximately 1.5 hours.

A Recreation Leader from this facility may approach you to speak about this research study, ask if you are interested and coordinate with the study Research Assistant who will contact you to book a meeting time.

For more information:

Brandy Tanenbaum (Primary Investigator)

416-480-6100 x 2449

or email:

brandy.tanenbaum@sunnybrook.ca

