



Questions

Responses **80**

Settings

80 responses

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Not accepting responses

**Message for respondents**

Registration is full and closed. Please email healthexercise@agoac.com to add your name to the waiting list

The registration period for the winter of 2025 is from December 22, 2024 at 9:00 pm and will close once the registration is over the limit capacity.

2025 Winter Program information

Date: January 12, 2025 to March 30, 2025 (No Class in March Break, March 9, 2025)

Time: 8:00 am - 10:00 am

Location: Room AR1 of Angus Glen Community Centre

You will receive an automated email confirming your submitted registration. Please check your email and spam folders. Additionally, admission and wait list email notifications will be sent out two days before the first class.

As places are limited, please do not register:

- (1) if you are not able to attend the completed full class (from 8:00 am-10:00 am).
- (2) plan to be away for more than three weeks consecutively.

Alternatively, if you are absent for more than 3 classes without notification of reason, you may be automatically removed as well as future registrations.

ENG
US10:39 PM
2024-12-22