

預防骨質疏鬆和健康老化講座

Osteoporosis Prevention & Healthy Aging Presentation



- What is Osteoporosis?
- What is the main cause of Osteoporosis?
- What are the long-term effects of Osteoporosis?
- How can you prevent Osteoporosis?
- What are the treatments for Osteoporosis?

Presentation in English by Chiropractor

Dr. Lauren Walker, BHSc, DC

Dr. Fiona Chan, BHSc, DC will also present to translate in Chinese in case of need

All are welcome to attend at no cost

AGOAC

This event is held:

Date: Tuesday, November 28, 2017

Time: 4:00pm – 5:00pm

Place: Activities Room 1 (AR1)

Angus Glen Community Centre

Please send registration to service1@agoac.ca or visit www.agoac.ca for information