## cogniciti

## Join 50,000+ Adults – Get Your Brain Health Score <u>FREE</u> This September!



Wondering "Is My Memory Normal?" Baycrest, the world's leading memory and aging research institute is coming to Toronto to give you a science-based answer to your question. Adults ages 40 – 85 will use the <u>Free computer-based Brain Health Assessment</u>. You'll get a personalized report and learn what your score means. Then we'll give you immediate science-backed steps to keep your brain healthy.

2 Sessions at Angus Glen Community Centre, Room OAC

<u>Tuesday, September 26 from 8 AM – 9 AM & 9 AM – 10 AM</u>

<u>Please register online at www.agoac.com event web page</u>



Very basic computer skills needed

Cost: FREE - please arrive 10 minutes early!